

10.500 m am 30.12.2018

Ergebnisliste

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
|-----|-----|------------------------|------------------------------|------|----|------|---------|-------|
| 1 | 306 | HILPERT , Patrick | LG Region Karlsruhe | | 83 | M30 | 1 | 37:05 |
| 2 | 307 | VIERING, Adrian | Karlsruher Lemminge | | 94 | M20 | 1 | 37:26 |
| 3 | 323 | COLIN , Hervé | Boca Juniors | | 75 | M40 | 1 | 38:51 |
| 4 | 419 | EYERMANN, Simon | Niederroedern | | 94 | M20 | 2 | 39:21 |
| 5 | 290 | SCHUSTER , Hervé | Stadtwerke baden baden | | 79 | M30 | 2 | 40:11 |
| 6 | 344 | KISTNER, Celine | LG Hardt | | 00 | WU20 | 1 | 40:18 |
| 7 | 369 | KIST-BOSCHETTI, Sandra | TV Bühlertal | | 79 | W30 | 1 | 40:45 |
| 8 | 207 | BARGMANN, Knut | LAUFWELT.de Lauftreff | | 75 | M40 | 2 | 41:44 |
| 9 | 317 | HOFFBECK, Claire | MAC | | 81 | W30 | 2 | 42:05 |
| 10 | 357 | CAMARA, Yankuba | Laufwelt | | 89 | M20 | 3 | 42:43 |
| 11 | 321 | BENEDICTO, August | MNL Bischweier | | 84 | M30 | 3 | 42:48 |
| 12 | 411 | STENGELE, Gérard | Beazzd | | 99 | MU20 | 1 | 42:49 |
| 13 | 392 | VOLLMER, Christine | TV 1847 Bühl | | 01 | WU20 | 2 | 43:31 |
| 14 | 398 | GASSENSCHMIDT, Peter | Breitensport Sinzheim | | 63 | M50 | 1 | 43:48 |
| 15 | 417 | SEIDEL, Frank | Landau Running Company | | 69 | M40 | 3 | 44:06 |
| 16 | 248 | ZEINHOFER , Heiko | Team Zeinhofer | | 71 | M40 | 4 | 44:23 |
| 17 | 345 | TRIXLER, Peter | SG Stern Rastatt | | 80 | M30 | 4 | 44:29 |
| 18 | 380 | RUSCIGNO, Nino | Roppenheim | | 88 | M30 | 5 | 44:39 |
| 19 | 283 | DAMBACHER, Mathieu | Esprit Run Soufflenheim | | 87 | M30 | 6 | 44:53 |
| 20 | 359 | KAPPLER, Stefan | SZ Calmbach | | 74 | M40 | 5 | 44:58 |
| 21 | 364 | LORENZ, Mike | FV Stollhofen | | 74 | M40 | 6 | 45:01 |
| 22 | 270 | WENDT, Benjamin | TS Ottersdorf | | 83 | M30 | 7 | 45:40 |
| 23 | 292 | KUGLER, Marcel | Gaggenau | | 96 | M20 | 4 | 45:46 |
| 24 | 324 | HURRE, Daniel | OCR Pacemakers | | 88 | M30 | 8 | 46:18 |
| 25 | 226 | WICHT , Felix | Wicht / Vogel | | 95 | M20 | 5 | 46:33 |
| 26 | 396 | MÜLLER, Martin | Triathlon Günzburg | | 80 | M30 | 9 | 46:51 |
| 27 | 329 | STECK, JEAN-LUC | BIBLISHEIM - FRANKREICH | | 65 | M50 | 2 | 47:00 |
| 28 | 269 | REBETEZ , Caroline | FAULLI-TEAM | | 73 | W40 | 1 | 47:14 |
| 29 | 395 | ARBOGAST, Olivier | Sessenheim / Frankreich | | 74 | M40 | 7 | 47:16 |
| 29 | 348 | EGNER, Bruno | Lauf mit Markus | | 62 | M50 | 3 | 47:16 |
| 31 | 229 | LEUCHTNER, Alexander | TV Iffezheim | | 82 | M30 | 10 | 47:35 |
| 32 | 336 | PRIGENT, Pascal | OH Morsbronn | | 66 | M50 | 4 | 47:37 |
| 33 | 377 | SITTNER, Francois | Haguenau | | 63 | M50 | 5 | 47:41 |
| 34 | 356 | WAIDELICH, Claudia | SZ Calmbach | | 70 | W40 | 2 | 47:54 |
| 35 | 284 | STROHM, Patrick | Niederroedern | | 73 | M40 | 8 | 47:59 |
| 36 | 365 | KAPPLER, Thomas | FV Stollhofen | | 79 | M30 | 11 | 48:11 |
| 36 | 368 | SEEGER, David | Stutensee | | 05 | MU20 | 2 | 48:11 |
| 38 | 308 | NEIDHARDT, Anne | Karlsruher Lemminge | | 96 | W20 | 1 | 48:30 |
| 38 | 236 | SEITER, Frank | Offroadrunners Nordschwarzwa | | 74 | M40 | 9 | 48:30 |
| 40 | 213 | BRAUN, Simone | TV Bühlertal | | 83 | W30 | 3 | 48:31 |
| 41 | 204 | STOLL, Tim | Kuppenheim | | 85 | M30 | 12 | 48:32 |
| 42 | 304 | WIEBER, Pau | Marley Runners 2018 | | 98 | M20 | 6 | 48:35 |
| 43 | 246 | LORENZ, Hans C. | Röser Medienhaus Karlsruhe | | 74 | M40 | 10 | 48:36 |
| 44 | 322 | STROH, Helmuth | MNL Bischweier | | 51 | MS | 1 | 48:38 |
| 45 | 404 | BURKART, Philipp | Lichtenau | | 95 | M20 | 7 | 48:42 |
| 46 | 394 | NACHBAUER, Bastian | Laufwelt Lauftreff | | 85 | M30 | 13 | 48:46 |
| 47 | 343 | NACHBAUER , Daniel | Laufwelt Lauftreff | | 86 | M30 | 14 | 48:50 |
| 48 | 387 | KLEIN, Jörg | SG Stern Rastatt | | 70 | M40 | 11 | 50:11 |
| 49 | 418 | DÖRR, Holger | RSG RIED RASTATT | | 65 | M50 | 6 | 50:22 |
| 50 | 381 | GARTNER, Willi | Lauf mit Markus | | 49 | MS | 2 | 50:25 |
| 51 | 353 | WALLNER-HALIT, Alwin | Rastatt | | 79 | M30 | 15 | 50:28 |
| 52 | 265 | MÜLLER, Sebastian | Rastatt | | 86 | M30 | 16 | 50:29 |
| 53 | 298 | SCHNEIDER, Raimund | Offenburg | | 62 | M50 | 7 | 50:45 |
| 54 | 300 | HECK, Marcus | FV Würmersheim | | 90 | M20 | 8 | 50:47 |
| 55 | 302 | ALLGEIER, Christian | Marley Runners 2018 | | 63 | M50 | 8 | 51:00 |
| 56 | 230 | BLUM, Niclas | Offroadrunners Nordschwarzwa | | 95 | M20 | 9 | 51:11 |
| 57 | 347 | AGOSTINI , Oliver | SG Stern Gaggenau | | 65 | M50 | 9 | 51:15 |
| 58 | 408 | KÖPPEL, Marion | TG Ötigheim | | 64 | W50 | 1 | 51:27 |
| 59 | 212 | ENGLISH, Marcus | Chicken Express | | 67 | M50 | 10 | 52:04 |
| 60 | 409 | ZECH, Charlotte | Karlsruher Lemminge | | 92 | W20 | 2 | 52:06 |

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| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
|-----|-----|--------------------------|-------------------------|------|----|------|---------|-------|
| 61 | 360 | REINBOLD, Michael | TV Eisental | | 66 | M50 | 11 | 52:11 |
| 62 | 215 | FRANKE, Thomas | Tv haueneberstein | | 68 | M50 | 12 | 52:17 |
| 63 | 339 | ACKERMANN, Sandra | Coueurs du Hattgau | | 79 | W30 | 4 | 52:21 |
| 64 | 358 | STOLZ, Klaus | Bühlertal | | 59 | M50 | 13 | 52:28 |
| 65 | 352 | GODBARSEN, Matthias | Rastatt | | 72 | M40 | 12 | 52:30 |
| 66 | 245 | KÜHNER, Gerhard | Gaggenau | | 56 | MS | 3 | 52:32 |
| 67 | 210 | HOFFMANN, Rainer | Karlsruhe | | 83 | M30 | 17 | 52:33 |
| 68 | 268 | RÖSTEL, Frank | Tri-Team Rastatter TV | | 68 | M50 | 14 | 52:44 |
| 69 | 314 | FRITZ, Jaris | Bühl | | 90 | M20 | 10 | 52:49 |
| 70 | 288 | SCHUSTER , Georges | Stadtwerke baden baden | | 56 | MS | 4 | 52:58 |
| 71 | 389 | BIRNBREIER, Marlon | Rastatt | | 00 | MU20 | 3 | 53:00 |
| 72 | 375 | VOLK, Gerd | Concordia Basel | | 77 | M40 | 13 | 53:02 |
| 73 | 312 | WEISENBURGER, Jens | Hoch motiviert | | 79 | M30 | 18 | 53:05 |
| 74 | 239 | HERZ, Michael | KonSanus | | 63 | M50 | 15 | 53:09 |
| 75 | 224 | HUBER, Michael | Gaggenau | | 68 | M50 | 16 | 53:10 |
| 76 | 316 | BRAUN, Andreas | RSG RIED RASTATT | | 02 | MU20 | 4 | 53:19 |
| 77 | 233 | KOEHL, Daniel | La Saline | | 55 | MS | 5 | 53:26 |
| 78 | 247 | LORENZ, Leon | SV Sasbach | | 01 | MU20 | 5 | 53:28 |
| 79 | 255 | FRAMMELSBERGER, Ben | Laufwelt Laufftreff | | 03 | MU20 | 6 | 53:37 |
| 79 | 208 | KUHLow, Anja | Malsch | | 76 | W40 | 3 | 53:37 |
| 81 | 225 | WICHT, Annika | Wicht / Vogel | | 89 | W20 | 3 | 53:42 |
| 82 | 378 | GÜNTER, Jens | Hoch motiviert | | 75 | M40 | 14 | 53:47 |
| 83 | 313 | BARTECZKO, Martin | Stuttgart | | 95 | M20 | 11 | 53:55 |
| 84 | 332 | SCHUSTER, Volker | Gymnasion Rastatt läuf | | 54 | MS | 6 | 54:00 |
| 85 | 301 | SCHNEIDER , Anne Marie | Esprit Run | | 67 | W50 | 2 | 54:15 |
| 86 | 297 | HEDWIG, Anja | SG Baden Karton | | 68 | W50 | 3 | 54:32 |
| 87 | 370 | RAMSTEINER, Reinhold | RSG RIED RASTATT | | 57 | MS | 7 | 54:34 |
| 88 | 382 | BAUR, Günther | Baden-Baden | | 56 | MS | 8 | 54:47 |
| 89 | 372 | FRIEDMANN, Thomas | Königsbach-Stein | | 80 | M30 | 19 | 54:48 |
| 90 | 235 | SCHNEIDER, Arthur | Rastatt | | 79 | M30 | 20 | 54:49 |
| 91 | 351 | SCHWAB, Stefan | Team Jonathan | | 86 | M30 | 21 | 54:53 |
| 92 | 217 | BRUCKMANN, Björn | Rastatt | | 82 | M30 | 22 | 54:54 |
| 93 | 303 | MAST, Ralf | Rheinmünster | | 73 | M40 | 15 | 54:55 |
| 94 | 415 | LEHN, Fabian | TIG Bischweier | | 82 | M30 | 23 | 55:05 |
| 95 | 361 | DRÄGER, Dirk | SG Stern Rastatt | | 68 | M50 | 17 | 55:07 |
| 96 | 254 | FRAMMELSBERGER, Christia | Laufwelt Laufftreff | | 70 | M40 | 16 | 55:10 |
| 97 | 325 | BURRER, Birgit | Rutesheim-just for fun- | | 62 | W50 | 4 | 55:34 |
| 98 | 410 | STRACK, Harty Viktor | Breitensport Sinzheim | | 47 | MS | 9 | 55:47 |
| 99 | 400 | MEGOW, Frank | TV Kuppenheim | | 55 | MS | 10 | 55:55 |
| 99 | 376 | WAGNER, Hannes | TV Kuppenheim | | 57 | MS | 10 | 55:55 |
| 101 | 379 | GÜNTER, Simone | Hoch motiviert | | 83 | W30 | 5 | 55:58 |
| 102 | 216 | DEWALDT, Lisa | Rastatt | | 88 | W30 | 6 | 56:04 |
| 103 | 234 | GRESS, Stephane | Athletic Vosges du Nord | | 73 | M40 | 17 | 56:09 |
| 104 | 318 | JUNG, Nicolas | Run évasion rohrwiller | | 84 | M30 | 24 | 56:10 |
| 105 | 244 | DIVRIOTIS, Corinne | Brumath | | 63 | W50 | 5 | 56:12 |
| 106 | 340 | HUCK, Severine | Esprit Run Soufflenheim | | 75 | W40 | 4 | 56:13 |
| 107 | 422 | BOGNER, Stephanie | Esprit Run Soufflenheim | | 73 | W40 | 5 | 56:15 |
| 108 | 393 | MÜLLERZ, Luciana | Lauf mit Markus | | 77 | W40 | 6 | 56:30 |
| 109 | 250 | HAMMES, Ewald | TV Eisental | | 60 | M50 | 18 | 56:53 |
| 110 | 399 | FEICHTENBEINER, Doris | SG Stern Gaggenau | | 69 | W40 | 7 | 56:54 |
| 111 | 241 | SCHLEH, Helmut | | | 88 | M30 | 25 | 56:57 |
| 112 | 261 | HAMM , Thomas | Run Évasion Rohrwiller | | 81 | M30 | 26 | 57:11 |
| 113 | 363 | LEUCHTNER, Michael | TV Iffezheim | | 64 | M50 | 19 | 57:12 |
| 113 | 228 | MULLER, Philippe | RUN EVASION ROHRWILLER | | 75 | M40 | 18 | 57:12 |
| 115 | 266 | DOLDE, Richard | SG Stern Rastatt | | 56 | MS | 12 | 57:13 |
| 116 | 373 | FRIETSCH, Christophe | Grenke AG | | 95 | M20 | 12 | 57:24 |
| 117 | 374 | FRIETSCH, Robin | Team Fitline | | 92 | M20 | 13 | 57:25 |
| 118 | 291 | MAASS, Michael | Gaggenau | | 64 | M50 | 20 | 57:33 |
| 119 | 384 | MERKEL, Norman | Muggensturm | | 87 | M30 | 27 | 57:39 |
| 120 | 383 | SCHNEIDER, Bastian | Muggensturm | | 92 | M20 | 14 | 57:40 |

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|-----|-----|-----------------------|---------------------------|------|----|------|---------|---------|
| 121 | 402 | GREß, Markus | TV Ötigheim | | 67 | M50 | 21 | 57:45 |
| 122 | 219 | PRUß, Alexander | Feuerwehr Rastatt | | 86 | M30 | 28 | 57:47 |
| 123 | 271 | HORETH, Uwe | Vitalhaus- Team Großweier | | 67 | M50 | 22 | 58:02 |
| 123 | 274 | SPIEKER, Sabine | Vitalhaus- Team Großweier | | 66 | W50 | 6 | 58:02 |
| 125 | 277 | FUCHS, Hans | Vitalhaus- Team Großweier | | 56 | MS | 13 | 58:03 |
| 126 | 272 | OBLÄNDER, Rüdiger | Vitalhaus- Team Großweier | | 62 | M50 | 23 | 58:04 |
| 126 | 279 | SCHÜTT, Josef | Vitalhaus- Team Großweier | | 56 | MS | 14 | 58:04 |
| 128 | 333 | MAROTTA, Calogero | Gymnasion Rastatt läuft | | 62 | M50 | 24 | 58:05 |
| 128 | 280 | SCHLUDECKER, Josef | Vitalhaus- Team Großweier | | 60 | M50 | 24 | 58:05 |
| 130 | 276 | HOFACKER, Volker | Vitalhaus- Team Großweier | | 82 | M30 | 29 | 58:06 |
| 130 | 278 | OBERLE, Reinhold | Vitalhaus- Team Großweier | | 53 | MS | 15 | 58:06 |
| 132 | 406 | KÖNIG, Peter | Iffezheim | | 78 | M40 | 19 | 58:07 |
| 132 | 273 | SPIEKER, Alfred | Vitalhaus- Team Großweier | | 65 | M50 | 26 | 58:07 |
| 134 | 407 | KÖNIG, Tanja | Iffezheim | | 77 | W40 | 8 | 58:08 |
| 135 | 405 | DEBALD, Johanna | Iffezheim | | 82 | W30 | 7 | 58:09 |
| 135 | 209 | RECK, Klaus | SG Stern Gaggenau | | 65 | M50 | 27 | 58:09 |
| 137 | 240 | VOLZ, Mathias | KonSanus | | 62 | M50 | 28 | 58:10 |
| 138 | 220 | KÖRBER, Steffen | Feuerwehr Rastatt | | 69 | M40 | 20 | 58:15 |
| 138 | 371 | STOLZ, Eddie | Lichtenau | | 54 | MS | 16 | 58:15 |
| 140 | 342 | KÖLMEL, Bernhard | Bietigheim | | 61 | M50 | 29 | 58:23 |
| 141 | 401 | BAFARO, Vito | SG Stern Gaggenau | | 67 | M50 | 30 | 58:24 |
| 142 | 211 | BÜRK, Christian | | | 80 | M30 | 30 | 58:30 |
| 143 | 386 | KLEIN, Karin | SG Stern Rastatt | | 71 | W40 | 9 | 58:40 |
| 144 | 267 | GÖTZ, Valentina | Ludwigshafen | | 88 | W30 | 8 | 58:41 |
| 145 | 388 | HEITZ, Julian | TV Wintersdorf | | 92 | M20 | 15 | 58:43 |
| 146 | 249 | RITTER, Markus | Mixed Pickles | | 63 | M50 | 31 | 58:46 |
| 147 | 319 | KECK, Elke | Isi fit | | 67 | W50 | 7 | 58:47 |
| 148 | 309 | MASSARD, Stefanie | Rastatt | | 66 | W50 | 8 | 58:54 |
| 149 | 315 | GEHRING, Matthias | SV Bühlertal | | 75 | M40 | 21 | 58:58 |
| 150 | 206 | METZ, Jonas | Muggensturm | | 96 | M20 | 16 | 59:02 |
| 151 | 362 | RUTSCH, Catherine | Schleithal | | 78 | W40 | 10 | 59:14 |
| 152 | 310 | MASSARD, Andre | Rastatt | | 66 | M50 | 32 | 59:19 |
| 153 | 205 | FRIESS, Nils | | | 95 | M20 | 17 | 59:22 |
| 154 | 414 | ZIEGLER, Albrecht | TV Gernsbach | | 47 | MS | 17 | 59:40 |
| 155 | 420 | FREY, Sabine | CAP Liberté Dettwiller | | 63 | W50 | 9 | 59:55 |
| 156 | 253 | HOLFELDER, Anna Maria | ASC Konstanz | | 98 | W20 | 4 | 59:56 |
| 157 | 257 | HERRMANN, Matthias | TV Kuppenheim | | 77 | M40 | 22 | 59:59 |
| 158 | 326 | HEFTER, Uwe | Rutesheim-just for fun- | | 58 | MS | 18 | 1:00:08 |
| 159 | 350 | FRITZ, Alexandra | Laufweltnachbar Rosenhahn | | 77 | W40 | 11 | 1:00:38 |
| 160 | 334 | RUF, Stephan | Rastatt | | 78 | M40 | 23 | 1:00:45 |
| 161 | 251 | HAMMES, Ute | TV Eisental | | 59 | W50 | 10 | 1:00:50 |
| 162 | 238 | KRUPP, Lisa-Marie | Rastatt | | 86 | W30 | 9 | 1:01:01 |
| 163 | 424 | HORNUNG, Torben | Bolzplatzkicker | | 92 | M20 | 18 | 1:01:06 |
| 164 | 305 | MAST, Annette | Rheinmünster | | 74 | W40 | 12 | 1:01:12 |
| 165 | 366 | STEINERT, Michael | Iffezheim | | 63 | M50 | 33 | 1:01:15 |
| 166 | 385 | HEITZ, Jürgen | Laufwelt Lauftreff | | 61 | M50 | 34 | 1:01:44 |
| 167 | 412 | KNIPPES, Wolf | Beazzd | | 86 | M30 | 31 | 1:01:47 |
| 167 | 413 | STARZMANN, Annabelle | Beazzd | | 90 | W20 | 5 | 1:01:47 |
| 169 | 349 | BERGMANN, Martine | Hunspach France | | 69 | W40 | 13 | 1:01:54 |
| 170 | 355 | HOCHSTEIN, Bianca | Vitalhaus | | 78 | W40 | 14 | 1:02:28 |
| 171 | 354 | HOCHSTEIN, Dirk | OCR Pacemakers/Vitalhaus | | 76 | M40 | 24 | 1:02:29 |
| 172 | 403 | BURKART, Jasmin | Rheinau | | 92 | W20 | 6 | 1:02:30 |
| 173 | 252 | LEUCHTNER, Maria | | | 99 | WU20 | 3 | 1:02:42 |
| 174 | 260 | BECK, Didi | Ettlingen | | 65 | M50 | 35 | 1:02:44 |
| 174 | 259 | POMP, Uly | Ettlingen | | 65 | W50 | 11 | 1:02:44 |
| 176 | 223 | HUBER, Anja | Gaggenau | | 69 | W40 | 15 | 1:02:45 |
| 177 | 237 | GOLDBACH, Matthias | | | 65 | M50 | 36 | 1:03:10 |
| 178 | 281 | TICHELMANN, Svenja | Rastatt | | 92 | W20 | 7 | 1:03:37 |
| 178 | 282 | VOGT, Sarah | Forst | | 89 | W20 | 7 | 1:03:37 |
| 180 | 262 | WEBER, Leander | Muggensturm | | 63 | M50 | 37 | 1:03:52 |

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| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | | Endzeit |
| 181 | 295 | BUCHMUELLER, Torsten | Rastatt | | 76 | M40 | 25 | 1:03:53 |
| 181 | 264 | VOLLMER, Claudia | | | 80 | W30 | 10 | 1:03:53 |
| 183 | 337 | STREICH, Jana | Baden Baden | | 84 | W30 | 11 | 1:03:56 |
| 184 | 367 | DEUSCHER, Gaby | PSG Fellbach | | 57 | WS | 1 | 1:04:03 |
| 185 | 397 | SCHMITT, Jutta | Lauf mit Markus | | 68 | W50 | 12 | 1:04:22 |
| 186 | 346 | WANTEN, Petra | Lauf mit Markus | | 69 | W40 | 16 | 1:04:30 |
| 187 | 287 | MAGGIORE, Gabi | Lauf mit Markus | | 71 | W40 | 17 | 1:04:46 |
| 188 | 222 | GREISER, Julian | Rastatt | | 87 | M30 | 32 | 1:07:10 |
| 189 | 416 | PIEPENBRINK, Thomas | Mixed Pickles | | 62 | M50 | 38 | 1:07:58 |
| 190 | 243 | MAIER, Sabine | | | 64 | W50 | 13 | 1:09:27 |
| 191 | 242 | SCHLEH, Bettina | | | 83 | W30 | 12 | 1:09:28 |
| 192 | 390 | TÖLG, Tim | Rastatt | | 92 | M20 | 19 | 1:09:38 |
| 193 | 286 | STÜBER, Günter | 2. Riege Turnverein Iffezheim | | 52 | MS | 19 | 1:10:50 |
| 194 | 327 | KAPFER, ANNETT | Eberbach seltz | | 68 | W50 | 14 | 1:11:13 |
| 195 | 263 | WEBER, Regine | | | 62 | W50 | 15 | 1:12:52 |
| 196 | 423 | HORNUNG, Frank | Bolzplatzkicker | | 66 | M50 | 39 | 1:14:04 |
| 197 | 391 | SCHARER, Jörg | Rastatt | | 66 | M50 | 40 | 1:16:55 |
| 198 | 258 | GÖHRIG, Christoph | Rastatt | | 89 | M20 | 20 | 1:31:02 |
| 199 | 294 | MECHLER, Lioba | | | 51 | WS | 2 | 1:45:41 |
| 200 | 293 | BAUMSTARK, Lilo | | | 54 | WS | 3 | 1:45:45 |

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| Ergebnisliste - Männer | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | | Endzeit |
| 1 | 306 | HILPERT, Patrick | LG Region Karlsruhe | | 83 | M30 | 1 | 37:05 |
| 2 | 307 | VIERING, Adrian | Karlsruher Lemminge | | 94 | M20 | 1 | 37:26 |
| 3 | 323 | COLIN, Hervé | Boca Juniors | | 75 | M40 | 1 | 38:51 |
| 4 | 419 | EYERMANN, Simon | Niederroedern | | 94 | M20 | 2 | 39:21 |
| 5 | 290 | SCHUSTER, Hervé | Stadtwerke baden baden | | 79 | M30 | 2 | 40:11 |
| 6 | 207 | BARGMANN, Knut | LAUFWELT.de Laufftreff | | 75 | M40 | 2 | 41:44 |
| 7 | 357 | CAMARA, Yankuba | Laufwelt | | 89 | M20 | 3 | 42:43 |
| 8 | 321 | BENEDICTO, August | MNL Bischweier | | 84 | M30 | 3 | 42:48 |
| 9 | 411 | STENGELE, Gérard | Beazzd | | 99 | MU20 | 1 | 42:49 |
| 10 | 398 | GASSENSCHMIDT, Peter | Breitensport Sinzheim | | 63 | M50 | 1 | 43:48 |
| 11 | 417 | SEIDEL, Frank | Landau Running Company | | 69 | M40 | 3 | 44:06 |
| 12 | 248 | ZEINHOFFER, Heiko | Team Zeinhofer | | 71 | M40 | 4 | 44:23 |
| 13 | 345 | TRIXLER, Peter | SG Stern Rastatt | | 80 | M30 | 4 | 44:29 |
| 14 | 380 | RUSCIGNO, Nino | Roppenheim | | 88 | M30 | 5 | 44:39 |
| 15 | 283 | DAMBACHER, Mathieu | Esprit Run Soufflenheim | | 87 | M30 | 6 | 44:53 |
| 16 | 359 | KAPPLER, Stefan | SZ Calmbach | | 74 | M40 | 5 | 44:58 |
| 17 | 364 | LORENZ, Mike | FV Stollhofen | | 74 | M40 | 6 | 45:01 |
| 18 | 270 | WENDT, Benjamin | TS Ottersdorf | | 83 | M30 | 7 | 45:40 |
| 19 | 292 | KUGLER, Marcel | Gaggenau | | 96 | M20 | 4 | 45:46 |
| 20 | 324 | HURRELE, Daniel | OCR Pacemakers | | 88 | M30 | 8 | 46:18 |
| 21 | 226 | WICHT, Felix | Wicht / Vogel | | 95 | M20 | 5 | 46:33 |
| 22 | 396 | MÜLLER, Martin | Triathlon Günzburg | | 80 | M30 | 9 | 46:51 |
| 23 | 329 | STECK, JEAN-LUC | BIBLISHEIM - FRANKREICH | | 65 | M50 | 2 | 47:00 |
| 24 | 395 | ARBOGAST, Olivier | Sessenheim / Frankreich | | 74 | M40 | 7 | 47:16 |
| 24 | 348 | EGNER, Bruno | Lauf mit Markus | | 62 | M50 | 3 | 47:16 |
| 26 | 229 | LEUCHTNER, Alexander | TV Iffezheim | | 82 | M30 | 10 | 47:35 |
| 27 | 336 | PRIGENT, Pascal | OH Morsbronn | | 66 | M50 | 4 | 47:37 |
| 28 | 377 | SITTNER, Francois | Haguenau | | 63 | M50 | 5 | 47:41 |
| 29 | 284 | STROHM, Patrick | Niederroedern | | 73 | M40 | 8 | 47:59 |
| 30 | 365 | KAPPLER, Thomas | FV Stollhofen | | 79 | M30 | 11 | 48:11 |
| 30 | 368 | SEEGER, David | Stutensee | | 05 | MU20 | 2 | 48:11 |
| 32 | 236 | SEITER, Frank | Offroadrunners Nordschwarzwa | | 74 | M40 | 9 | 48:30 |
| 33 | 204 | STOLL, Tim | Kuppenheim | | 85 | M30 | 12 | 48:32 |
| 34 | 304 | WIEBER, Pau | Marley Runners 2018 | | 98 | M20 | 6 | 48:35 |

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Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
|-----|-----|-------------------------|------------------------------|------|----|------|---------|-------|
| 35 | 246 | LORENZ, Hans C. | Röser Medienhaus Karlsruhe | | 74 | M40 | 10 | 48:36 |
| 36 | 322 | STROH, Helmuth | MNL Bischweier | | 51 | MS | 1 | 48:38 |
| 37 | 404 | BURKART, Philipp | Lichtenau | | 95 | M20 | 7 | 48:42 |
| 38 | 394 | NACHBAUER, Bastian | Laufwelt Lauftreff | | 85 | M30 | 13 | 48:46 |
| 39 | 343 | NACHBAUER, Daniel | Laufwelt Lauftreff | | 86 | M30 | 14 | 48:50 |
| 40 | 387 | KLEIN, Jörg | SG Stern Rastatt | | 70 | M40 | 11 | 50:11 |
| 41 | 418 | DÖRR, Holger | RSG RIED RASTATT | | 65 | M50 | 6 | 50:22 |
| 42 | 381 | GARTNER, Willi | Lauf mit Markus | | 49 | MS | 2 | 50:25 |
| 43 | 353 | WALLNER-HALIT, Alwin | Rastatt | | 79 | M30 | 15 | 50:28 |
| 44 | 265 | MÜLLER, Sebastian | Rastatt | | 86 | M30 | 16 | 50:29 |
| 45 | 298 | SCHNEIDER, Raimund | Offenburg | | 62 | M50 | 7 | 50:45 |
| 46 | 300 | HECK, Marcus | FV Würmersheim | | 90 | M20 | 8 | 50:47 |
| 47 | 302 | ALLGEIER, Christian | Marley Runners 2018 | | 63 | M50 | 8 | 51:00 |
| 48 | 230 | BLUM, Niclas | Offroadrunners Nordschwarzwa | | 95 | M20 | 9 | 51:11 |
| 49 | 347 | AGOSTINI, Oliver | SG Stern Gaggenau | | 65 | M50 | 9 | 51:15 |
| 50 | 212 | ENGLISH, Marcus | Chicken Express | | 67 | M50 | 10 | 52:04 |
| 51 | 360 | REINBOLD, Michael | TV Eisental | | 66 | M50 | 11 | 52:11 |
| 52 | 215 | FRANKE, Thomas | Tv haueneberstein | | 68 | M50 | 12 | 52:17 |
| 53 | 358 | STOLZ, Klaus | Bühlertal | | 59 | M50 | 13 | 52:28 |
| 54 | 352 | GODBARSEN, Matthias | Rastatt | | 72 | M40 | 12 | 52:30 |
| 55 | 245 | KÜHNER, Gerhard | Gaggenau | | 56 | MS | 3 | 52:32 |
| 56 | 210 | HOFFMANN, Rainer | Karlsruhe | | 83 | M30 | 17 | 52:33 |
| 57 | 268 | RÖSTEL, Frank | Tri-Team Rastatter TV | | 68 | M50 | 14 | 52:44 |
| 58 | 314 | FRITZ, Jaris | Bühl | | 90 | M20 | 10 | 52:49 |
| 59 | 288 | SCHUSTER, Georges | Stadtwerke baden baden | | 56 | MS | 4 | 52:58 |
| 60 | 389 | BIRNBREIER, Marlon | Rastatt | | 00 | MU20 | 3 | 53:00 |
| 61 | 375 | VOLK, Gerd | Concordia Basel | | 77 | M40 | 13 | 53:02 |
| 62 | 312 | WEISENBURGER, Jens | Hoch motiviert | | 79 | M30 | 18 | 53:05 |
| 63 | 239 | HERZ, Michael | KonSanus | | 63 | M50 | 15 | 53:09 |
| 64 | 224 | HUBER, Michael | Gaggenau | | 68 | M50 | 16 | 53:10 |
| 65 | 316 | BRAUN, Andreas | RSG RIED RASTATT | | 02 | MU20 | 4 | 53:19 |
| 66 | 233 | KOEHL, Daniel | La Saline | | 55 | MS | 5 | 53:26 |
| 67 | 247 | LORENZ, Leon | SV Sasbach | | 01 | MU20 | 5 | 53:28 |
| 68 | 255 | FRAMMELBERGER, Ben | Laufwelt Lauftreff | | 03 | MU20 | 6 | 53:37 |
| 69 | 378 | GÜNTER, Jens | Hoch motiviert | | 75 | M40 | 14 | 53:47 |
| 70 | 313 | BARTECZKO, Martin | Stuttgart | | 95 | M20 | 11 | 53:55 |
| 71 | 332 | SCHUSTER, Volker | Gymnasion Rastatt läuft | | 54 | MS | 6 | 54:00 |
| 72 | 370 | RAMSTEINER, Reinhold | RSG RIED RASTATT | | 57 | MS | 7 | 54:34 |
| 73 | 382 | BAUR, Günther | Baden-Baden | | 56 | MS | 8 | 54:47 |
| 74 | 372 | FRIEDMANN, Thomas | Königsbach-Stein | | 80 | M30 | 19 | 54:48 |
| 75 | 235 | SCHNEIDER, Arthur | Rastatt | | 79 | M30 | 20 | 54:49 |
| 76 | 351 | SCHWAB, Stefan | Team Jonathan | | 86 | M30 | 21 | 54:53 |
| 77 | 217 | BRUCKMANN, Björn | Rastatt | | 82 | M30 | 22 | 54:54 |
| 78 | 303 | MAST, Ralf | Rheinmünster | | 73 | M40 | 15 | 54:55 |
| 79 | 415 | LEHN, Fabian | TIG Bischweier | | 82 | M30 | 23 | 55:05 |
| 80 | 361 | DRÄGER, Dirk | SG Stern Rastatt | | 68 | M50 | 17 | 55:07 |
| 81 | 254 | FRAMMELBERGER, Christia | Laufwelt Lauftreff | | 70 | M40 | 16 | 55:10 |
| 82 | 410 | STRACK, Harty Viktor | Breitensport Sinzheim | | 47 | MS | 9 | 55:47 |
| 83 | 400 | MEGOW, Frank | TV Kuppenheim | | 55 | MS | 10 | 55:55 |
| 83 | 376 | WAGNER, Hannes | TV Kuppenheim | | 57 | MS | 10 | 55:55 |
| 85 | 234 | GRESS, Stephane | Athletic Vosges du Nord | | 73 | M40 | 17 | 56:09 |
| 86 | 318 | JUNG, Nicolas | Run évasion rohrwiller | | 84 | M30 | 24 | 56:10 |
| 87 | 250 | HAMMES, Ewald | TV Eisental | | 60 | M50 | 18 | 56:53 |
| 88 | 241 | SCHLEH, Helmut | | | 88 | M30 | 25 | 56:57 |
| 89 | 261 | HAMM, Thomas | Run Évasion Rohrwiller | | 81 | M30 | 26 | 57:11 |
| 90 | 363 | LEUCHTNER, Michael | TV Iffezheim | | 64 | M50 | 19 | 57:12 |
| 90 | 228 | MULLER, Philippe | RUN EVASION ROHRWILLER | | 75 | M40 | 18 | 57:12 |
| 92 | 266 | DOLDE, Richard | SG Stern Rastatt | | 56 | MS | 12 | 57:13 |
| 93 | 373 | FRIETSCH, Christophe | Grenke AG | | 95 | M20 | 12 | 57:24 |
| 94 | 374 | FRIETSCH, Robin | Team Fitline | | 92 | M20 | 13 | 57:25 |

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Ergebnisliste - Männer

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
|-----|-----|----------------------|-------------------------------|------|----|-----|---------|---------|
| 95 | 291 | MAASS, Michael | Gaggenau | | 64 | M50 | 20 | 57:33 |
| 96 | 384 | MERKEL, Norman | Muggensturm | | 87 | M30 | 27 | 57:39 |
| 97 | 383 | SCHNEIDER, Bastian | Muggensturm | | 92 | M20 | 14 | 57:40 |
| 98 | 402 | GREß, Markus | TV Ötigheim | | 67 | M50 | 21 | 57:45 |
| 99 | 219 | PRUß, Alexander | Feuerwehr Rastatt | | 86 | M30 | 28 | 57:47 |
| 100 | 271 | HORETH , Uwe | Vitalhaus- Team Großweier | | 67 | M50 | 22 | 58:02 |
| 101 | 277 | FUCHS, Hans | Vitalhaus- Team Großweier | | 56 | MS | 13 | 58:03 |
| 102 | 272 | OBLÄNDER, Rüdiger | Vitalhaus- Team Großweier | | 62 | M50 | 23 | 58:04 |
| 102 | 279 | SCHÜTT, Josef | Vitalhaus- Team Großweier | | 56 | MS | 14 | 58:04 |
| 104 | 333 | MAROTTA, Calogero | Gymnasion Rastatt läuft | | 62 | M50 | 24 | 58:05 |
| 104 | 280 | SCHLUDECKER, Josef | Vitalhaus- Team Großweier | | 60 | M50 | 24 | 58:05 |
| 106 | 276 | HOFACKER, Volker | Vitalhaus- Team Großweier | | 82 | M30 | 29 | 58:06 |
| 106 | 278 | OBERLE, Reinhold | Vitalhaus- Team Großweier | | 53 | MS | 15 | 58:06 |
| 108 | 406 | KÖNIG, Peter | Iffezheim | | 78 | M40 | 19 | 58:07 |
| 108 | 273 | SPIEKER, Alfred | Vitalhaus- Team Großweier | | 65 | M50 | 26 | 58:07 |
| 110 | 209 | RECK, Klaus | SG Stern Gaggenau | | 65 | M50 | 27 | 58:09 |
| 111 | 240 | VOLZ, Mathias | KonSanus | | 62 | M50 | 28 | 58:10 |
| 112 | 220 | KÖRBER, Steffen | Feuerwehr Rastatt | | 69 | M40 | 20 | 58:15 |
| 112 | 371 | STOLZ, Eddie | Lichtenau | | 54 | MS | 16 | 58:15 |
| 114 | 342 | KÖLMEL, Bernhard | Bietigheim | | 61 | M50 | 29 | 58:23 |
| 115 | 401 | BAFARO, Vito | SG Stern Gaggenau | | 67 | M50 | 30 | 58:24 |
| 116 | 211 | BÜRK, Christian | | | 80 | M30 | 30 | 58:30 |
| 117 | 388 | HEITZ, Julian | TV Wintersdorf | | 92 | M20 | 15 | 58:43 |
| 118 | 249 | RITTER, Markus | Mixed Pickles | | 63 | M50 | 31 | 58:46 |
| 119 | 315 | GEHRING, Matthias | SV Bühlertal | | 75 | M40 | 21 | 58:58 |
| 120 | 206 | METZ, Jonas | Muggensturm | | 96 | M20 | 16 | 59:02 |
| 121 | 310 | MASSARD, Andre | Rastatt | | 66 | M50 | 32 | 59:19 |
| 122 | 205 | FRIESS, Nils | | | 95 | M20 | 17 | 59:22 |
| 123 | 414 | ZIEGLER, Albrecht | TV Gernsbach | | 47 | MS | 17 | 59:40 |
| 124 | 257 | HERRMANN, Matthias | TV Kuppenheim | | 77 | M40 | 22 | 59:59 |
| 125 | 326 | HEFTER, Uwe | Rutesheim-just for fun- | | 58 | MS | 18 | 1:00:08 |
| 126 | 334 | RUF, Stephan | Rastatt | | 78 | M40 | 23 | 1:00:45 |
| 127 | 424 | HORNUNG, Torben | Bolzplatzkicker | | 92 | M20 | 18 | 1:01:06 |
| 128 | 366 | STEINERT, Michael | Iffezheim | | 63 | M50 | 33 | 1:01:15 |
| 129 | 385 | HEITZ, Jürgen | Laufwelt Lauftreff | | 61 | M50 | 34 | 1:01:44 |
| 130 | 412 | KNIPPES, Wolf | Beazzd | | 86 | M30 | 31 | 1:01:47 |
| 131 | 354 | HOCHSTEIN, Dirk | OCR Pacemakers/Vitalhaus | | 76 | M40 | 24 | 1:02:29 |
| 132 | 260 | BECK, Didi | Ettlingen | | 65 | M50 | 35 | 1:02:44 |
| 133 | 237 | GOLDBACH, Matthias | | | 65 | M50 | 36 | 1:03:10 |
| 134 | 262 | WEBER, Leander | Muggensturm | | 63 | M50 | 37 | 1:03:52 |
| 135 | 295 | BUCHMUELLER, Torsten | Rastatt | | 76 | M40 | 25 | 1:03:53 |
| 136 | 222 | GREISER, Julian | Rastatt | | 87 | M30 | 32 | 1:07:10 |
| 137 | 416 | PIEPENBRINK, Thomas | Mixed Pickles | | 62 | M50 | 38 | 1:07:58 |
| 138 | 390 | TÖLG, Tim | Rastatt | | 92 | M20 | 19 | 1:09:38 |
| 139 | 286 | STÜBER , Günter | 2. Riege Turnverein Iffezheim | | 52 | MS | 19 | 1:10:50 |
| 140 | 423 | HORNUNG, Frank | Bolzplatzkicker | | 66 | M50 | 39 | 1:14:04 |
| 141 | 391 | SCHARER, Jörg | Rastatt | | 66 | M50 | 40 | 1:16:55 |
| 142 | 258 | GÖHRIG, Christoph | Rastatt | | 89 | M20 | 20 | 1:31:02 |

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Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
|-----|-----|------------------------|--------------|------|----|------|---------|-------|
| 1 | 344 | KISTNER, Celine | LG Hardt | | 00 | WU20 | 1 | 40:18 |
| 2 | 369 | KIST-BOSCHETTI, Sandra | TV Bühlertal | | 79 | W30 | 1 | 40:45 |
| 3 | 317 | HOFFBECK, Claire | MAC | | 81 | W30 | 2 | 42:05 |
| 4 | 392 | VOLLMER, Christine | TV 1847 Bühl | | 01 | WU20 | 2 | 43:31 |
| 5 | 269 | REBETEZ , Caroline | FAULLI-TEAM | | 73 | W40 | 1 | 47:14 |
| 6 | 356 | WAIDELICH, Claudia | SZ Calmbach | | 70 | W40 | 2 | 47:54 |

10.500 m am 30.12.2018

Ergebnisliste - Frauen

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
|-----|-----|------------------------|---------------------------|------|----|------|---------|---------|
| 7 | 308 | NEIDHARDT, Anne | Karlsruher Lemminge | | 96 | W20 | 1 | 48:30 |
| 8 | 213 | BRAUN, Simone | TV Bühlertal | | 83 | W30 | 3 | 48:31 |
| 9 | 408 | KÖPPEL, Marion | TG Ötigheim | | 64 | W50 | 1 | 51:27 |
| 10 | 409 | ZECH, Charlotte | Karlsruher Lemminge | | 92 | W20 | 2 | 52:06 |
| 11 | 339 | ACKERMANN, Sandra | Coueurs du Hattgau | | 79 | W30 | 4 | 52:21 |
| 12 | 208 | KUHLOW, Anja | Malsch | | 76 | W40 | 3 | 53:37 |
| 13 | 225 | WICHT, Annika | Wicht / Vogel | | 89 | W20 | 3 | 53:42 |
| 14 | 301 | SCHNEIDER , Anne Marie | Esprit Run | | 67 | W50 | 2 | 54:15 |
| 15 | 297 | HEDWIG, Anja | SG Baden Karton | | 68 | W50 | 3 | 54:32 |
| 16 | 325 | BURRER, Birgit | Rutesheim-just for fun- | | 62 | W50 | 4 | 55:34 |
| 17 | 379 | GÜNTER, Simone | Hoch motiviert | | 83 | W30 | 5 | 55:58 |
| 18 | 216 | DEWALDT, Lisa | Rastatt | | 88 | W30 | 6 | 56:04 |
| 19 | 244 | DIVRIOTIS, Corinne | Brumath | | 63 | W50 | 5 | 56:12 |
| 20 | 340 | HUCK, Severine | Esprit Run Soufflenheim | | 75 | W40 | 4 | 56:13 |
| 21 | 422 | BOGNER, Stephanie | Esprit Run Soufflenheim | | 73 | W40 | 5 | 56:15 |
| 22 | 393 | MÜLLERZ, Luciana | Lauf mit Markus | | 77 | W40 | 6 | 56:30 |
| 23 | 399 | FEICHTENBEINER, Doris | SG Stern Gaggenau | | 69 | W40 | 7 | 56:54 |
| 24 | 274 | SPIEKER, Sabine | Vitalhaus- Team Großweier | | 66 | W50 | 6 | 58:02 |
| 25 | 407 | KÖNIG, Tanja | Iffezheim | | 77 | W40 | 8 | 58:08 |
| 26 | 405 | DEBALD, Johanna | Iffezheim | | 82 | W30 | 7 | 58:09 |
| 27 | 386 | KLEIN, Karin | SG Stern Rastatt | | 71 | W40 | 9 | 58:40 |
| 28 | 267 | GÖTZ, Valentina | Ludwigshafen | | 88 | W30 | 8 | 58:41 |
| 29 | 319 | KECK, Elke | Isi fit | | 67 | W50 | 7 | 58:47 |
| 30 | 309 | MASSARD, Stefanie | Rastatt | | 66 | W50 | 8 | 58:54 |
| 31 | 362 | RUTSCH, Catherine | Schleithal | | 78 | W40 | 10 | 59:14 |
| 32 | 420 | FREY, Sabine | CAP Liberté Dettwiller | | 63 | W50 | 9 | 59:55 |
| 33 | 253 | HOLFELDER, Anna Maria | ASC Konstanz | | 98 | W20 | 4 | 59:56 |
| 34 | 350 | FRITZ, Alexandra | Laufweltnachbar Rosenhahn | | 77 | W40 | 11 | 1:00:38 |
| 35 | 251 | HAMMES, Ute | TV Eisental | | 59 | W50 | 10 | 1:00:50 |
| 36 | 238 | KRUPP, Lisa-Marie | Rastatt | | 86 | W30 | 9 | 1:01:01 |
| 37 | 305 | MAST, Annette | Rheinmünster | | 74 | W40 | 12 | 1:01:12 |
| 38 | 413 | STARZMANN, Annabelle | Beazzd | | 90 | W20 | 5 | 1:01:47 |
| 39 | 349 | BERGMANN, Martine | Hunspach France | | 69 | W40 | 13 | 1:01:54 |
| 40 | 355 | HOCHSTEIN, Bianca | Vitalhaus | | 78 | W40 | 14 | 1:02:28 |
| 41 | 403 | BURKART, Jasmin | Rheinau | | 92 | W20 | 6 | 1:02:30 |
| 42 | 252 | LEUCHTNER, Maria | | | 99 | WU20 | 3 | 1:02:42 |
| 43 | 259 | POMP, Ullly | Ettlingen | | 65 | W50 | 11 | 1:02:44 |
| 44 | 223 | HUBER, Anja | Gaggenau | | 69 | W40 | 15 | 1:02:45 |
| 45 | 281 | TICHELMANN, Svenja | Rastatt | | 92 | W20 | 7 | 1:03:37 |
| 45 | 282 | VOGT, Sarah | Forst | | 89 | W20 | 7 | 1:03:37 |
| 47 | 264 | VOLLMER, Claudia | | | 80 | W30 | 10 | 1:03:53 |
| 48 | 337 | STREICH, Jana | Baden Baden | | 84 | W30 | 11 | 1:03:56 |
| 49 | 367 | DEUSCHER, Gaby | PSG Fellbach | | 57 | WS | 1 | 1:04:03 |
| 50 | 397 | SCHMITT, Jutta | Lauf mit Markus | | 68 | W50 | 12 | 1:04:22 |
| 51 | 346 | WANTEN, Petra | Lauf mit Markus | | 69 | W40 | 16 | 1:04:30 |
| 52 | 287 | MAGGIORE , Gabi | Lauf mit Markus | | 71 | W40 | 17 | 1:04:46 |
| 53 | 243 | MAIER, Sabine | | | 64 | W50 | 13 | 1:09:27 |
| 54 | 242 | SCHLEH, Bettina | | | 83 | W30 | 12 | 1:09:28 |
| 55 | 327 | KAPFER, ANNETT | Eberbach seltz | | 68 | W50 | 14 | 1:11:13 |
| 56 | 263 | WEBER, Regine | | | 62 | W50 | 15 | 1:12:52 |
| 57 | 294 | MECHLER , Lioba | | | 51 | WS | 2 | 1:45:41 |
| 58 | 293 | BAUMSTARK , Lilo | | | 54 | WS | 3 | 1:45:45 |

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Ergebnisliste - M 6-19

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit |
|-----|-----|---------------------|---------------------|------|----|------|---------|
| 1 | 411 | STENGELE, Gérard | Beazzd | | 99 | MU20 | 1 42:49 |
| 2 | 368 | SEEGER, David | Stutensee | | 05 | MU20 | 2 48:11 |
| 3 | 389 | BIRNBREIER, Marlon | Rastatt | | 00 | MU20 | 3 53:00 |
| 4 | 316 | BRAUN, Andreas | RSG RIED RASTATT | | 02 | MU20 | 4 53:19 |
| 5 | 247 | LORENZ, Leon | SV Sasbach | | 01 | MU20 | 5 53:28 |
| 6 | 255 | FRAMMELSBERGER, Ben | Laufwelt Laufftreff | | 03 | MU20 | 6 53:37 |

10.500 m am 30.12.2018
Ergebnisliste - W 6-19

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit |
|-----|-----|--------------------|--------------|------|----|------|-----------|
| 1 | 344 | KISTNER, Celine | LG Hardt | | 00 | WU20 | 1 40:18 |
| 2 | 392 | VOLLMER, Christine | TV 1847 Bühl | | 01 | WU20 | 2 43:31 |
| 3 | 252 | LEUCHTNER, Maria | | | 99 | WU20 | 3 1:02:42 |

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Ergebnisliste - M 20-29

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit |
|-----|-----|----------------------|------------------------------|------|----|-----|------------|
| 1 | 307 | VIERING, Adrian | Karlsruher Lemminge | | 94 | M20 | 1 37:26 |
| 2 | 419 | EYERMANN, Simon | Niederroedern | | 94 | M20 | 2 39:21 |
| 3 | 357 | CAMARA, Yankuba | Laufwelt | | 89 | M20 | 3 42:43 |
| 4 | 292 | KUGLER, Marcel | Gaggenau | | 96 | M20 | 4 45:46 |
| 5 | 226 | WICHT, Felix | Wicht / Vogel | | 95 | M20 | 5 46:33 |
| 6 | 304 | WIEBER, Pau | Marley Runners 2018 | | 98 | M20 | 6 48:35 |
| 7 | 404 | BURKART, Philipp | Lichtenau | | 95 | M20 | 7 48:42 |
| 8 | 300 | HECK, Marcus | FV Würmersheim | | 90 | M20 | 8 50:47 |
| 9 | 230 | BLUM, Niclas | Offroadrunners Nordschwarzwa | | 95 | M20 | 9 51:11 |
| 10 | 314 | FRITZ, Jaris | Bühl | | 90 | M20 | 10 52:49 |
| 11 | 313 | BARTECZKO, Martin | Stuttgart | | 95 | M20 | 11 53:55 |
| 12 | 373 | FRIETSCH, Christophe | Grenke AG | | 95 | M20 | 12 57:24 |
| 13 | 374 | FRIETSCH, Robin | Team Fitline | | 92 | M20 | 13 57:25 |
| 14 | 383 | SCHNEIDER, Bastian | Muggensturm | | 92 | M20 | 14 57:40 |
| 15 | 388 | HEITZ, Julian | TV Wintersdorf | | 92 | M20 | 15 58:43 |
| 16 | 206 | METZ, Jonas | Muggensturm | | 96 | M20 | 16 59:02 |
| 17 | 205 | FRIESS, Nils | | | 95 | M20 | 17 59:22 |
| 18 | 424 | HORNUNG, Torben | Bolzplatzkicker | | 92 | M20 | 18 1:01:06 |
| 19 | 390 | TÖLG, Tim | Rastatt | | 92 | M20 | 19 1:09:38 |
| 20 | 258 | GÖHRIG, Christoph | Rastatt | | 89 | M20 | 20 1:31:02 |

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Ergebnisliste - W 20-29

| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit |
|-----|-----|-----------------------|---------------------|------|----|-----|-----------|
| 1 | 308 | NEIDHARDT, Anne | Karlsruher Lemminge | | 96 | W20 | 1 48:30 |
| 2 | 409 | ZECH, Charlotte | Karlsruher Lemminge | | 92 | W20 | 2 52:06 |
| 3 | 225 | WICHT, Annika | Wicht / Vogel | | 89 | W20 | 3 53:42 |
| 4 | 253 | HOLFELDER, Anna Maria | ASC Konstanz | | 98 | W20 | 4 59:56 |
| 5 | 413 | STARZMANN, Annabelle | Beazzd | | 90 | W20 | 5 1:01:47 |
| 6 | 403 | BURKART, Jasmin | Rheinau | | 92 | W20 | 6 1:02:30 |
| 7 | 281 | TICHELMANN, Svenja | Rastatt | | 92 | W20 | 7 1:03:37 |
| 7 | 282 | VOGT, Sarah | Forst | | 89 | W20 | 7 1:03:37 |

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|-------------------------|-----|----------------------|---------------------------|------|----|-----|----|---------|
| Ergebnisliste - M 30-39 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | | Endzeit |
| 1 | 306 | HILPERT , Patrick | LG Region Karlsruhe | | 83 | M30 | 1 | 37:05 |
| 2 | 290 | SCHUSTER , Hervé | Stadtwerke baden baden | | 79 | M30 | 2 | 40:11 |
| 3 | 321 | BENEDICTO, August | MNL Bischweier | | 84 | M30 | 3 | 42:48 |
| 4 | 345 | TRIXLER, Peter | SG Stern Rastatt | | 80 | M30 | 4 | 44:29 |
| 5 | 380 | RUSCIGNO, Nino | Roppenheim | | 88 | M30 | 5 | 44:39 |
| 6 | 283 | DAMBACHER, Mathieu | Esprit Run Soufflenheim | | 87 | M30 | 6 | 44:53 |
| 7 | 270 | WENDT, Benjamin | TS Ottersdorf | | 83 | M30 | 7 | 45:40 |
| 8 | 324 | HURRLE, Daniel | OCR Pacemakers | | 88 | M30 | 8 | 46:18 |
| 9 | 396 | MÜLLER, Martin | Triathlon Günzburg | | 80 | M30 | 9 | 46:51 |
| 10 | 229 | LEUCHTNER, Alexander | TV Iffezheim | | 82 | M30 | 10 | 47:35 |
| 11 | 365 | KAPPLER, Thomas | FV Stollhofen | | 79 | M30 | 11 | 48:11 |
| 12 | 204 | STOLL, Tim | Kuppenheim | | 85 | M30 | 12 | 48:32 |
| 13 | 394 | NACHBAUER, Bastian | Laufwelt Lauftreff | | 85 | M30 | 13 | 48:46 |
| 14 | 343 | NACHBAUER , Daniel | Laufwelt Lauftreff | | 86 | M30 | 14 | 48:50 |
| 15 | 353 | WALLNER-HALIT, Alwin | Rastatt | | 79 | M30 | 15 | 50:28 |
| 16 | 265 | MÜLLER, Sebastian | Rastatt | | 86 | M30 | 16 | 50:29 |
| 17 | 210 | HOFFMANN, Rainer | Karlsruhe | | 83 | M30 | 17 | 52:33 |
| 18 | 312 | WEISENBURGER, Jens | Hoch motiviert | | 79 | M30 | 18 | 53:05 |
| 19 | 372 | FRIEDMANN, Thomas | Königsbach-Stein | | 80 | M30 | 19 | 54:48 |
| 20 | 235 | SCHNEIDER, Arthur | Rastatt | | 79 | M30 | 20 | 54:49 |
| 21 | 351 | SCHWAB, Stefan | Team Jonathan | | 86 | M30 | 21 | 54:53 |
| 22 | 217 | BRUCKMANN, Björn | Rastatt | | 82 | M30 | 22 | 54:54 |
| 23 | 415 | LEHN, Fabian | TIG Bischweier | | 82 | M30 | 23 | 55:05 |
| 24 | 318 | JUNG, Nicolas | Run évasion rohrwiller | | 84 | M30 | 24 | 56:10 |
| 25 | 241 | SCHLEH, Helmut | | | 88 | M30 | 25 | 56:57 |
| 26 | 261 | HAMM , Thomas | Run Évasion Rohrwiller | | 81 | M30 | 26 | 57:11 |
| 27 | 384 | MERKEL, Norman | Muggensturm | | 87 | M30 | 27 | 57:39 |
| 28 | 219 | PRUß, Alexander | Feuerwehr Rastatt | | 86 | M30 | 28 | 57:47 |
| 29 | 276 | HOFACKER, Volker | Vitalhaus- Team Großweier | | 82 | M30 | 29 | 58:06 |
| 30 | 211 | BÜRK, Christian | | | 80 | M30 | 30 | 58:30 |
| 31 | 412 | KNIPPES, Wolf | Beazzd | | 86 | M30 | 31 | 1:01:47 |
| 32 | 222 | GREISER, Julian | Rastatt | | 87 | M30 | 32 | 1:07:10 |

| 10.500 m am 30.12.2018 | | | | | | | | |
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| Ergebnisliste - W 30-39 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | | Endzeit |
| 1 | 369 | KIST-BOSCHETTI, Sandra | TV Bühlertal | | 79 | W30 | 1 | 40:45 |
| 2 | 317 | HOFFBECK, Claire | MAC | | 81 | W30 | 2 | 42:05 |
| 3 | 213 | BRAUN, Simone | TV Bühlertal | | 83 | W30 | 3 | 48:31 |
| 4 | 339 | ACKERMANN, Sandra | Coueurs du Hattgau | | 79 | W30 | 4 | 52:21 |
| 5 | 379 | GÜNTER, Simone | Hoch motiviert | | 83 | W30 | 5 | 55:58 |
| 6 | 216 | DEWALDT, Lisa | Rastatt | | 88 | W30 | 6 | 56:04 |
| 7 | 405 | DEBALD, Johanna | Iffezheim | | 82 | W30 | 7 | 58:09 |
| 8 | 267 | GÖTZ, Valentina | Ludwigshafen | | 88 | W30 | 8 | 58:41 |
| 9 | 238 | KRUPP, Lisa-Marie | Rastatt | | 86 | W30 | 9 | 1:01:01 |
| 10 | 264 | VOLLMER, Claudia | | | 80 | W30 | 10 | 1:03:53 |
| 11 | 337 | STREICH, Jana | Baden Baden | | 84 | W30 | 11 | 1:03:56 |
| 12 | 242 | SCHLEH, Bettina | | | 83 | W30 | 12 | 1:09:28 |

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| Ergebnisliste - M 40-49 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
| 1 | 323 | COLIN , Hervé | Boca Juniors | | 75 | M40 | 1 | 38:51 |
| 2 | 207 | BARGMANN, Knut | LAUFWELT.de Laufftreff | | 75 | M40 | 2 | 41:44 |
| 3 | 417 | SEIDEL, Frank | Landau Running Company | | 69 | M40 | 3 | 44:06 |
| 4 | 248 | ZEINHOFER , Heiko | Team Zeinhofer | | 71 | M40 | 4 | 44:23 |
| 5 | 359 | KAPPLER, Stefan | SZ Calmbach | | 74 | M40 | 5 | 44:58 |
| 6 | 364 | LORENZ, Mike | FV Stollhofen | | 74 | M40 | 6 | 45:01 |
| 7 | 395 | ARBOGAST, Olivier | Sessenheim / Frankreich | | 74 | M40 | 7 | 47:16 |
| 8 | 284 | STROHM, Patrick | Niederroedern | | 73 | M40 | 8 | 47:59 |
| 9 | 236 | SEITER, Frank | Offroadrunners Nordschwarzwa | | 74 | M40 | 9 | 48:30 |
| 10 | 246 | LORENZ, Hans C. | Röser Medienhaus Karlsruhe | | 74 | M40 | 10 | 48:36 |
| 11 | 387 | KLEIN, Jörg | SG Stern Rastatt | | 70 | M40 | 11 | 50:11 |
| 12 | 352 | GODBARSEN, Matthias | Rastatt | | 72 | M40 | 12 | 52:30 |
| 13 | 375 | VOLK, Gerd | Concordia Basel | | 77 | M40 | 13 | 53:02 |
| 14 | 378 | GÜNTER, Jens | Hoch motiviert | | 75 | M40 | 14 | 53:47 |
| 15 | 303 | MAST, Ralf | Rheinmünster | | 73 | M40 | 15 | 54:55 |
| 16 | 254 | FRAMMELSBERGER, Christia | Laufwelt Laufftreff | | 70 | M40 | 16 | 55:10 |
| 17 | 234 | GRESS, Stephane | Athletic Vosges du Nord | | 73 | M40 | 17 | 56:09 |
| 18 | 228 | MULLER, Philippe | RUN EVASION ROHRWILLER | | 75 | M40 | 18 | 57:12 |
| 19 | 406 | KÖNIG, Peter | Iffezheim | | 78 | M40 | 19 | 58:07 |
| 20 | 220 | KÖRBER, Steffen | Feuerwehr Rastatt | | 69 | M40 | 20 | 58:15 |
| 21 | 315 | GEHRING, Matthias | SV Bühlertal | | 75 | M40 | 21 | 58:58 |
| 22 | 257 | HERRMANN, Matthias | TV Kuppenheim | | 77 | M40 | 22 | 59:59 |
| 23 | 334 | RUF, Stephan | Rastatt | | 78 | M40 | 23 | 1:00:45 |
| 24 | 354 | HOCHSTEIN, Dirk | OCR Pacemakers/Vitalhaus | | 76 | M40 | 24 | 1:02:29 |
| 25 | 295 | BUCHMUELLER, Torsten | Rastatt | | 76 | M40 | 25 | 1:03:53 |

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| Ergebnisliste - W 40-49 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
| 1 | 269 | REBETEZ , Caroline | FAULLI-TEAM | | 73 | W40 | 1 | 47:14 |
| 2 | 356 | WAIDELICH, Claudia | SZ Calmbach | | 70 | W40 | 2 | 47:54 |
| 3 | 208 | KUHLOW, Anja | Malsch | | 76 | W40 | 3 | 53:37 |
| 4 | 340 | HUCK, Severine | Esprit Run Soufflenheim | | 75 | W40 | 4 | 56:13 |
| 5 | 422 | BOGNER, Stephanie | Esprit Run Soufflenheim | | 73 | W40 | 5 | 56:15 |
| 6 | 393 | MÜLLERZ, Luciana | Lauf mit Markus | | 77 | W40 | 6 | 56:30 |
| 7 | 399 | FEICHTENBEINER, Doris | SG Stern Gaggenau | | 69 | W40 | 7 | 56:54 |
| 8 | 407 | KÖNIG, Tanja | Iffezheim | | 77 | W40 | 8 | 58:08 |
| 9 | 386 | KLEIN, Karin | SG Stern Rastatt | | 71 | W40 | 9 | 58:40 |
| 10 | 362 | RUTSCH, Catherine | Schleithal | | 78 | W40 | 10 | 59:14 |
| 11 | 350 | FRITZ, Alexandra | Laufweltnachbar Rosenhahn | | 77 | W40 | 11 | 1:00:38 |
| 12 | 305 | MAST, Annette | Rheinmünster | | 74 | W40 | 12 | 1:01:12 |
| 13 | 349 | BERGMANN, Martine | Hunspach France | | 69 | W40 | 13 | 1:01:54 |
| 14 | 355 | HOCHSTEIN, Bianca | Vitalhaus | | 78 | W40 | 14 | 1:02:28 |
| 15 | 223 | HUBER, Anja | Gaggenau | | 69 | W40 | 15 | 1:02:45 |
| 16 | 346 | WANTEN, Petra | Lauf mit Markus | | 69 | W40 | 16 | 1:04:30 |
| 17 | 287 | MAGGIORE , Gabi | Lauf mit Markus | | 71 | W40 | 17 | 1:04:46 |

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| Ergebnisliste - M 50-59 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
| 1 | 398 | GASSENSCHMIDT, Peter | Breitensport Sinzheim | | 63 | M50 | 1 | 43:48 |
| 2 | 329 | STECK, JEAN-LUC | BIBLISHEIM - FRANKREICH | | 65 | M50 | 2 | 47:00 |
| 3 | 348 | EGNER, Bruno | Lauf mit Markus | | 62 | M50 | 3 | 47:16 |
| 4 | 336 | PRIGENT, Pascal | OH Morsbronn | | 66 | M50 | 4 | 47:37 |
| 5 | 377 | SITTNER, Francois | Haguenuau | | 63 | M50 | 5 | 47:41 |

| 10.500 m am 30.12.2018 | | | | | | | | |
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| Ergebnisliste - M 50-59 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
| 6 | 418 | DÖRR, Holger | RSG RIED RASTATT | | 65 | M50 | 6 | 50:22 |
| 7 | 298 | SCHNEIDER, Raimund | Offenburg | | 62 | M50 | 7 | 50:45 |
| 8 | 302 | ALLGEIER, Christian | Marley Runners 2018 | | 63 | M50 | 8 | 51:00 |
| 9 | 347 | AGOSTINI, Oliver | SG Stern Gaggenau | | 65 | M50 | 9 | 51:15 |
| 10 | 212 | ENGLISH, Marcus | Chicken Express | | 67 | M50 | 10 | 52:04 |
| 11 | 360 | REINBOLD, Michael | TV Eisental | | 66 | M50 | 11 | 52:11 |
| 12 | 215 | FRANKE, Thomas | Tv haueneberstein | | 68 | M50 | 12 | 52:17 |
| 13 | 358 | STOLZ, Klaus | Bühlertal | | 59 | M50 | 13 | 52:28 |
| 14 | 268 | RÖSTEL, Frank | Tri-Team Rastatter TV | | 68 | M50 | 14 | 52:44 |
| 15 | 239 | HERZ, Michael | KonSanus | | 63 | M50 | 15 | 53:09 |
| 16 | 224 | HUBER, Michael | Gaggenau | | 68 | M50 | 16 | 53:10 |
| 17 | 361 | DRÄGER, Dirk | SG Stern Rastatt | | 68 | M50 | 17 | 55:07 |
| 18 | 250 | HAMMES, Ewald | TV Eisental | | 60 | M50 | 18 | 56:53 |
| 19 | 363 | LEUCHTNER, Michael | TV Iffezheim | | 64 | M50 | 19 | 57:12 |
| 20 | 291 | MAASS, Michael | Gaggenau | | 64 | M50 | 20 | 57:33 |
| 21 | 402 | GREß, Markus | TV Ötigheim | | 67 | M50 | 21 | 57:45 |
| 22 | 271 | HORETH, Uwe | Vitalhaus- Team Großweier | | 67 | M50 | 22 | 58:02 |
| 23 | 272 | OBLÄNDER, Rüdiger | Vitalhaus- Team Großweier | | 62 | M50 | 23 | 58:04 |
| 24 | 333 | MAROTTA, Calogero | Gymnasion Rastatt läuft | | 62 | M50 | 24 | 58:05 |
| 24 | 280 | SCHLUDECKER, Josef | Vitalhaus- Team Großweier | | 60 | M50 | 24 | 58:05 |
| 26 | 273 | SPIEKER, Alfred | Vitalhaus- Team Großweier | | 65 | M50 | 26 | 58:07 |
| 27 | 209 | RECK, Klaus | SG Stern Gaggenau | | 65 | M50 | 27 | 58:09 |
| 28 | 240 | VOLZ, Mathias | KonSanus | | 62 | M50 | 28 | 58:10 |
| 29 | 342 | KÖLMEL, Bernhard | Bietigheim | | 61 | M50 | 29 | 58:23 |
| 30 | 401 | BAFARO, Vito | SG Stern Gaggenau | | 67 | M50 | 30 | 58:24 |
| 31 | 249 | RITTER, Markus | Mixed Pickles | | 63 | M50 | 31 | 58:46 |
| 32 | 310 | MASSARD, Andre | Rastatt | | 66 | M50 | 32 | 59:19 |
| 33 | 366 | STEINERT, Michael | Iffezheim | | 63 | M50 | 33 | 1:01:15 |
| 34 | 385 | HEITZ, Jürgen | Laufwelt Laufftreff | | 61 | M50 | 34 | 1:01:44 |
| 35 | 260 | BECK, Didi | Ettlingen | | 65 | M50 | 35 | 1:02:44 |
| 36 | 237 | GOLDBACH, Matthias | | | 65 | M50 | 36 | 1:03:10 |
| 37 | 262 | WEBER, Leander | Muggensturm | | 63 | M50 | 37 | 1:03:52 |
| 38 | 416 | PIEPENBRINK, Thomas | Mixed Pickles | | 62 | M50 | 38 | 1:07:58 |
| 39 | 423 | HORNUNG, Frank | Bolzplatzkicker | | 66 | M50 | 39 | 1:14:04 |
| 40 | 391 | SCHARER, Jörg | Rastatt | | 66 | M50 | 40 | 1:16:55 |

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| Ergebnisliste - W 50-59 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | Endzeit | |
| 1 | 408 | KÖPPEL, Marion | TG Ötigheim | | 64 | W50 | 1 | 51:27 |
| 2 | 301 | SCHNEIDER, Anne Marie | Esprit Run | | 67 | W50 | 2 | 54:15 |
| 3 | 297 | HEDWIG, Anja | SG Baden Karton | | 68 | W50 | 3 | 54:32 |
| 4 | 325 | BURRER, Birgit | Rutesheim-just for fun- | | 62 | W50 | 4 | 55:34 |
| 5 | 244 | DIVRIOTIS, Corinne | Brumath | | 63 | W50 | 5 | 56:12 |
| 6 | 274 | SPIEKER, Sabine | Vitalhaus- Team Großweier | | 66 | W50 | 6 | 58:02 |
| 7 | 319 | KECK, Elke | Isi fit | | 67 | W50 | 7 | 58:47 |
| 8 | 309 | MASSARD, Stefanie | Rastatt | | 66 | W50 | 8 | 58:54 |
| 9 | 420 | FREY, Sabine | CAP Liberté Dettwiller | | 63 | W50 | 9 | 59:55 |
| 10 | 251 | HAMMES, Ute | TV Eisental | | 59 | W50 | 10 | 1:00:50 |
| 11 | 259 | POMP, Uily | Ettlingen | | 65 | W50 | 11 | 1:02:44 |
| 12 | 397 | SCHMITT, Jutta | Lauf mit Markus | | 68 | W50 | 12 | 1:04:22 |
| 13 | 243 | MAIER, Sabine | | | 64 | W50 | 13 | 1:09:27 |
| 14 | 327 | KAPFER, ANNETT | Eberbach seltz | | 68 | W50 | 14 | 1:11:13 |
| 15 | 263 | WEBER, Regine | | | 62 | W50 | 15 | 1:12:52 |

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| Ergebnisliste - M 60-99 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | | Endzeit |
| 1 | 322 | STROH, Helmuth | MNL Bischweier | | 51 | MS | 1 | 48:38 |
| 2 | 381 | GARTNER, Willi | Lauf mit Markus | | 49 | MS | 2 | 50:25 |
| 3 | 245 | KÜHNER, Gerhard | Gaggenau | | 56 | MS | 3 | 52:32 |
| 4 | 288 | SCHUSTER , Georges | Stadtwerke baden baden | | 56 | MS | 4 | 52:58 |
| 5 | 233 | KOEHL, Daniel | La Saline | | 55 | MS | 5 | 53:26 |
| 6 | 332 | SCHUSTER, Volker | Gymnasion Rastatt läuft | | 54 | MS | 6 | 54:00 |
| 7 | 370 | RAMSTEINER, Reinhold | RSG RIED RASTATT | | 57 | MS | 7 | 54:34 |
| 8 | 382 | BAUR, Günther | Baden-Baden | | 56 | MS | 8 | 54:47 |
| 9 | 410 | STRACK, Harty Viktor | Breitensport Sinzheim | | 47 | MS | 9 | 55:47 |
| 10 | 400 | MEGOW, Frank | TV Kuppenheim | | 55 | MS | 10 | 55:55 |
| 10 | 376 | WAGNER, Hannes | TV Kuppenheim | | 57 | MS | 10 | 55:55 |
| 12 | 266 | DOLDE, Richard | SG Stern Rastatt | | 56 | MS | 12 | 57:13 |
| 13 | 277 | FUCHS, Hans | Vitalhaus- Team Großweier | | 56 | MS | 13 | 58:03 |
| 14 | 279 | SCHÜTT, Josef | Vitalhaus- Team Großweier | | 56 | MS | 14 | 58:04 |
| 15 | 278 | OBERLE, Reinhold | Vitalhaus- Team Großweier | | 53 | MS | 15 | 58:06 |
| 16 | 371 | STOLZ, Eddie | Lichtenau | | 54 | MS | 16 | 58:15 |
| 17 | 414 | ZIEGLER, Albrecht | TV Gernsbach | | 47 | MS | 17 | 59:40 |
| 18 | 326 | HEFTER, Uwe | Rutesheim-just for fun- | | 58 | MS | 18 | 1:00:08 |
| 19 | 286 | STÜBER , Günter | 2. Riege Turnverein Iffezheim | | 52 | MS | 19 | 1:10:50 |

| 10.500 m am 30.12.2018 | | | | | | | | |
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| Ergebnisliste - W 60-99 | | | | | | | | |
| Rng | Snr | Name, Vorname | Verein/Ort | Land | Jg | Ak | | Endzeit |
| 1 | 367 | DEUSCHER, Gaby | PSG Fellbach | | 57 | WS | 1 | 1:04:03 |
| 2 | 294 | MECHLER , Lioba | | | 51 | WS | 2 | 1:45:41 |
| 3 | 293 | BAUMSTARK , Lilo | | | 54 | WS | 3 | 1:45:45 |